

Course Title	Teaching Physical Activity to Children
Course Description	<p>The purpose of this module is to train candidates to a competent level, enabling them to plan and deliver safe and effective physical activities for children.</p> <p>Upon completion of this course, learners should be able to:</p> <ul style="list-style-type: none"> • Explore SA coaching children framework and apply best practices within a school/club sporting environment. • Describe the LTPD model and adapt your coaching methods and skills to meet individual and programme needs • Create a learning environment appropriate for children • Monitor and Manage parent and carer behaviours • Develop fundamentals of movement, fundamental movement skills and fundamental sport skills • Plan, monitor and evaluate programmes and sessions for children
Admission Requirements	<ul style="list-style-type: none"> • Knowledge of basic anatomy and physiology of children. • Coaching/teaching background.
Delivery Methodology	A variety of teaching and learning activities will be used to present this module, such as - theoretical lectures, practical field study and simulated work projects. This will assist the student to achieve the desired outcomes.
Duration	10 days
Price	Please contact the course coordinator
Enquiry Contact	Tel: 031 3736837